Student Self-Assessment Exercise

This exercise is based on an assessment used by instructors at the Boston University School of Public Health (Cashman et al.) and at the Harvard University School of Public Health (Rudd). Many of the components have been changed to reflect community-based educational activities and principles. You may wish to modify this handout to reflect the identified course competencies, activities, workload and other requirements that are unique to the course and partnership. Permission to reprint this exercise was granted by Suzanne Cashman.

Instructions for students: The following self-assessment uses the course requirements and goals and should allow you to reflect on the extent to which you met them. You are on the honor system and we ask that you answer each question honestly. Please tell us what grade you would give yourself; we will take your input seriously in determining your final grade for the course.

Questions 1-4: Please circle the one answer that describes you best:

1. Attendance
   I attended all classes
   I attended all but one class
   I attended all but two classes
   I missed more than two classes

2. Readings
   I read all of the assigned readings
   I read most of the readings and skimmed all of the rest
   I read or skimmed a good part of the readings
   I read or skimmed some of the readings
   I read little or none of the readings

3. Participation
   I participated actively and consistently in class discussions
   I participated actively in class discussions a good part of the time
   I occasionally participated in class
   I rarely or never participated in class

4. Community site participation
   I attended all community site activities
   I attended all but one community site activity
   I missed more than one community site activity
Please rank yourself on a scale of 1-5 as follows

5  Strongly agree
4  Agree somewhat
3  Neither agree or disagree
2  Disagree somewhat
1  Disagree strongly

Community site activities:

At the site, I made a personal effort to learn about the community site and the practice of community health

At the site, I made a personal effort to learn about the community and the health issues that are most important to members of the community

I applied the principles of community and public health in my activities

I shared information about the Healthy People Objectives with members of the community

I contributed to the site in a positive way

Reflection activities:

I made a substantial contribution in our reflection activities that improved our group’s understanding of the larger societal issues impacting the community, and their connection to the Healthy People Objectives

I made a substantial contribution in our reflection activities that improved our group’s understanding of the role of health professionals in improving community health

Final papers
The time, work and thought I put into the papers was appropriate for a 4-credit course
The quality of the work I did on the papers was high _____

I used the papers as an opportunity to learn and to think creatively about community and public health _____

I helped my peers formulate ideas for the paper and discussed my ideas with them _____

The work I did on the paper could be of practical use to the community site I worked with _____

Please rank yourself on a scale of 1-5 as follows:

5 Extremely well
4 Very well
3 Competently
2 In a limited way
1 Poorly or not at all

I can define [service-learning, Problem-Based Learning, or Community-Oriented Primary Care] _____

I can provide a theoretical justification for the importance of community responsive care _____

I can discuss the principles and methods of community organizing _____

I can discuss and describe the process of identifying and prioritizing community health issues in partnership with the community _____

I can discuss and describe the process of developing and implementing community health interventions in partnership with the community _____
I can discuss and describe the principles of evaluating community interventions in partnership with the community

When judging yourself, which statement best describes what you do (please check the appropriate line):

_____ I tend to judge myself more severely than others
_____ I tend to judge myself less severely than others
_____ I tend to judge myself as others do

Based on the above self-assessment, the grade I would recommend for myself for this course is: __________

I have answered the above questions honestly and to the best of my ability:

Signature: ___________________________ Date: ___________________________